

How's Bentley.com  
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Dog Friendly Training & Problem Behavior Solutions

## *Tips For Dog Friendly Training*



### **Treat Tips:**

- Withhold food for three hours before teaching sessions.
  - Use small pieces of food for training so you can give lots of treats and your dog can eat them quickly.
  - Select some very special treats that your dog only gets during training sessions.
- Have two different types of treats and give the best one for the best performances.
  - Increase the value of the treat when there are greater distractions.



### **Equipment and Location Tips:**

- Use a 4' to 6' nylon or leather leash.
  - Use a Gentle Leader® head collar, Premier Collar®, or buckle collar.
  - Always teach a new command in a quiet, small, fenced or secure area with as few distractions as possible.
- When your dog learns the command and will do it really fast in the quiet area, move to another room, outside, or add a small distraction (like someone walking or standing in the room as you train).
  - Slowly increase the amount of distractions and practice the command in several locations until your dog will perform the command under any circumstance.
  - Whenever you move to another location or add distractions, your dog may not understand the command. Be patient and use the same steps used in the beginning to teach the command in the quiet area.



### **Session Tips:**

- Several five or ten-minute sessions are usually more effective than one long session.
- Ask all family members to help with training.
- Discuss teaching procedures with all family members so that everyone is consistent.
- Praise all wanted behavior.
- If you are practicing a command that your dog knows and he does not do it, stop and think about how you can make it easier for him to succeed.
- Always quit each practice session with a “win” (dog succeeds).
- If your dog does the command very well a few times, don't ask him do it over and over until he is tired.
- “Train with your brain, not your brawn.” Deborah A. Jones, Ph.D.





**Clicker Tips (for How's Bentley students):**

- One click equals one reward; click-n-treat (CT).
  - Zip your lip while teaching a new command.
  - The click ends the behavior.
  - The clicker is a communication and teaching tool.
- Add the signal or verbal cue after the dog understands what behavior is necessary for you to CT.

